



January 19–25, 2015  
Cycle 3

Food portions at breakfast and lunch will be served as required by the  
Healthy Hunger-Free Kids Act of 2010.

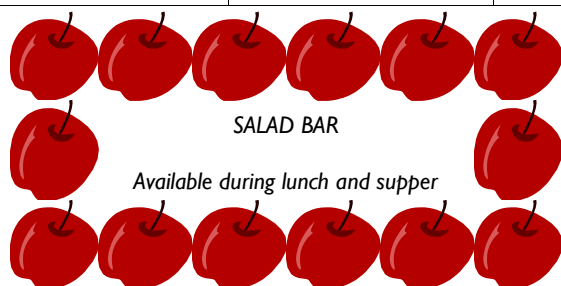
For more information, please visit the FNS website:  
<http://www.fns.usda.gov/cnd/governance/legislation/nutritionstandards.htm>



Some menu suggestions  
By Yucca Residence

**\*\*Please note: Items are subject to change based on availability without prior notice\*\***

Mon 19	Tue 20	Wed 21	Thu 22	Fri 23	Sat 24	Sun 25
WW toast or WG pancake turkey wrap Pineapple Orange juice Milk Hot cocoa	WW toast or WG cinnamon French toast Mixed fruit Apple juice Hard cooked egg Milk (syrup)	WW toast or WW tortilla Peaches Craspberry juice Scrambled eggs with potatoes Milk (salsa)	WW toast or WG donut Pears Orangerine juice Danimal strawberry yogurt Milk	WW toast or WW turkey sausage bagel Mandarin orange sections Fruit punch Milk		
WG macaroni and cheese WG macaroni and cheese (LDD) Mixed vegetables Fruit rollup Milk	Meatballs on bun Romaine caesar salad Apricots Milk (parmesan cheese)	WG popcorn chicken Potato wedges WG pasta salad Mixed fruit Milk	Cheese crisp Seasoned pinto beans Peaches Milk (lettuce/salsa)	Baked chicken Glazed carrot coins Broccoli w/ cheese sauce Brown rice pilaf Pears Milk	Spaghetti with meatballs Green beans Breadstick Fruit gel-o Milk (parmesan cheese)	Turkey cheese hoagie (BYO: lettuce/tomato slices/pickle slices/ banana peppers/olive slices/onion slices) Coleslaw w/ pineapple Chips Cookie Milk
BLT Corn Green beans Apricots Milk	Baked chicken Baked potato Steamed broccoli (margarine/cheese sauce/bacon bits/ scallions/sour cream) Pineapple Milk	Hotdog on bun SS potatoes Chili con carne CC fruit rollup Milk (cheese sauce)	Meatloaf Mashed potatoes (LDD) Corn Pudding Milk (gravy)	Beef and broccoli Steamed rice Potato salad Cookie Milk (soy sauce)	Cheese enchilada Refried beans Peaches Milk (lettuce/cheese)	Hamburger on WW bun or Cheeseburger on WW bun or Veggieburger on WW bun Twister fries Baked beans Sidekicks Milk (lettuce/tomato slices/pickle slices/onion slices)



- ♦ 1% and fat-free milk offered at every meal
- ♦ fat-free chocolate milk will be offered at lunch and supper every Tuesday and Thursday
- ♦ fat-free strawberry milk may be offered occasionally

**Criteria for a meal to be reimbursable:**

- ⇒ **Must have 3 components (one component must be fruit or vegetable) at breakfast**
- ⇒ **Must take the fruit or vegetable component and 2 other components from 5 different components (food groupings) at lunch**

Breakfast:	6:45-7:45am Monday-Friday
Lunch:	11:30am-1:10pm Monday-Thursday
	11:30am-1:00pm Friday
Saturday & Sunday Lunch:	12:15-1:15pm
Supper:	4:30-6:00pm Monday-Thursday
	4:30-5:30pm Friday
Saturday & Sunday Supper:	4:45-5:45pm

**If you have questions about this menu, please call the Food Service Department at 520.770.3696 or send an email to [jeanne.foster@asdb.az.gov](mailto:jeanne.foster@asdb.az.gov)**

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